

2026.4-

For foreign residents and visitors in Nagano

Nagano Prefecture Medical Interpretation Call Center



You can receive an interpretation service over the phone



When you talk to the
doctor in the hospital

When you're not
feeling well and want
to call the hospital



**Please
call**

026-235-7230

Available languages

22 languages

English, Chinese, Korean, Vietnamese,
Portugal, Tagalog, Thai, etc.

Hours

24 hours (anytime)

Booking

No reservation required

Fee

**The interpretation service is free, but
there will be a charge for the call.**

Contact information:

Nagano Prefecture
Health and Welfare Department
Medical Policy Division
Tel: 026-235-7145
Email: iryu@pref.nagano.lg.jp

For details,
access here

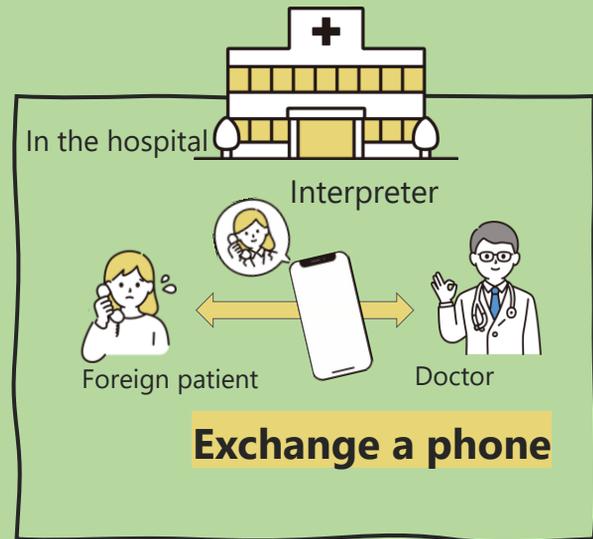


Our call center phone number has changed as of April 2026.

How to use the medical interpretation service

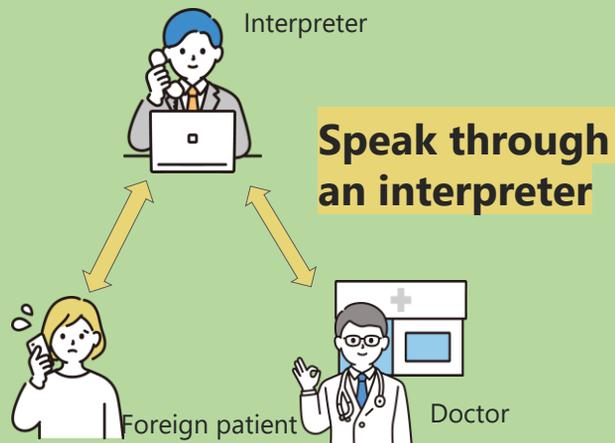
When talking to the doctor

- ① Call 026-235-7230
- ② Tell us your language
- ③ Take turns talking on the same phone



When calling the hospital from your home

- ① Call 026-235-7230
- ② Tell us your language
- ③ Tell us the hospital's number
- ④ Talk over the phone together



When hospitals want to call their patients

- ① Call 026-235-7230
- ② Tell us the patient's number and language
- ③ Talk over the phone together

Request to hospitals:

- Please encourage your foreign patients to use this service during the examination if necessary.
- Advanced medical interpretation is not available as described below.

Please note:

- Detailed explanation (e.g., before surgery) is not available through this service.
- The service is available when seeing the doctor, checking in at the hospital, and receiving your medicine.